



Working with Couples and Infidelity

Presenter: Raffi Bilek, LCSW-C

Course Description

Couples who come for counseling in the wake of an affair are often in intense distress. Despite the apparently insurmountable challenge this poses to the relationship, recovery is not impossible. In fact, repairing the damage of infidelity is a well-worn path that many couples have been down. In this webinar you'll get a roadmap to helping them through.

This is an intermediate/advanced level webinar designed for clinicians who are already practicing couples counseling.

Approved for 3 CEs by ce-classes.com.

Fee: \$60

Learning Objectives

1. Identify the needs of both partners in the wake of infidelity.
2. Describe a five-stage approach to helping couples facing infidelity.
3. Describe the role of honesty, transparency, and trust in recovering from infidelity.

Agenda

1. Introductions and Ice Breaker (15 minutes)
2. Starting perspectives (15 minutes)
 - What counts as cheating?
 - Cultural perspectives
 - Challenges for the therapist
3. Stages of Intervention
 - A. Crisis Management (30 minutes)
 - B. Seeking Congruence (30 minutes)
 - C. Rebuilding Trust (30 minutes)
 - D. Understanding the Roots of the Affair (20 minutes)
 - E. Moving Beyond (20 minutes)
4. Special Challenges in Working with Infidelity (20 minutes)

Policies

- Cancellations: no refunds can be made once the recording is purchased.
- Grievances: All grievances must be in writing to info@baltimoretherapycenter.com, and will be replied to within 5 - 10 business days.
- ADA assistance: This workshop is being offered online only. Please contact info@baltimoretherapycenter.com if special accommodation is required.

Presenter Bio

Raffi Bilek, LCSW-C, is a couples counselor and director of the [Baltimore Therapy Center](#) and director of the [Montgomery County Abuse Intervention Program](#) for domestic violence offenders.



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- Florida Certification Board
- The Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #852 BAP- Expires 3/31/2025
- The California Board of Behavioral Sciences. The California Board of Behavioral Sciences, BBS, recognizes relevant course work/training that has been approved by nationally recognized certifying bodies, such as APA, to satisfy renewal requirements.
- California Consortium of Addiction Programs and Professionals (CCAPP) Provider Number OS-12-174-0225 Expires 02-2025
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- This training does not offer ASWB ACE credit to social workers.