



The Baltimore Therapy Center, LLC
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Under Control: Anger Management Group Terms of Service

GROUP PURPOSE

The *Under Control* online Anger Management program is not group therapy, and does not replace or provide the same benefits as group or individual therapy. It is an educational and coaching group, in which you can expect to learn about anger in general and about your own experience with anger in particular, as well as gain tools and skills for better managing your anger.

We do not guarantee that participants will demonstrate changes in attitudes or behaviors after going through this program, although we hope that will be the case.

COST & PAYMENTS

The cost per group session is \$40. A session lasts 50-55 minutes. Payment must be made prior to the start time of the group. Once the start time has passed, payment cannot be accepted and you cannot attend group for that day.

Payment for the full 8-week program can be made up front at the discounted rate of \$275 (\$45 discount). To qualify for the discount this amount must be paid in full prior to the beginning of the first class. This payment is refundable up to 24 hours before the beginning of the first class. After that time, no refunds will be made.

Health insurance cannot be used to pay for this group.

ATTENDANCE

You must sign in to the online meeting room within 10 minutes of the listed group start time. At 10 minutes past the start time (as measured by the clock on the group leader's computer), nobody else will be allowed into the group.

You must have working audio and video to participate in the group. In order to be considered present, you must be visible on screen throughout the group, and must not be engaged in other activities during the group.

To receive a certificate of completion, participants must attend all 8 classes. If a class is missed, it can be made up either by setting up an individual makeup session, at a cost of \$120, or by waiting 8 weeks until the missed class is presented again, at a cost of \$40. No refund is made for the missed class. In case of a medical emergency (with documentation), you can attend a make-up session of the class you missed at no cost when that class is given again 8 weeks later.

Certificates of completion will be e-mailed to you upon successful completion of the program.

CONFIDENTIALITY

Group leaders will hold all information shared in the group in strict confidentiality unless a release of information is requested in writing by the participant. The exceptions to this rule include:

- When the group leader believes a participant is at imminent risk of harming themselves or someone else.
- When the group leader has a reasonable suspicion that child abuse is occurring or has occurred.
- Due to a legal court order or subpoena.

Group rules include the requirement for other participants to keep group discussions confidential. However, the Baltimore Therapy Center cannot guarantee nor be responsible for disclosures made by other group members.

LITIGATION LIMITATION

Due to the nature of the counseling process and the fact that it often involves making a full disclosure with regard to many matters which may be of a confidential nature, it is agreed that, should there be legal proceedings (such as, but not limited to divorce and custody disputes, injuries, lawsuits, etc.), neither you nor your attorney(s), nor anyone else acting on your behalf will call on Baltimore Therapy Center staff to testify in court or at any other proceeding, nor will a disclosure of the counseling records be requested unless otherwise agreed upon.